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included in these studies tends to provide biographical information and cite poetry without giving much analysis.

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## Hāl in Sūfism

For most authorities of the Islamic mystical tradition, **ḥāl** (pl. aḥwāl) refers to a positive but fleeting psychological state

born of the aspirant's relationship with God. The Arabic term does not appear in its nominal form in the Qur'ān, but the verbs hāla, yaḥūlu, and hīla each occur once (Q 8:24, 11:43, 34:54). The verbal form is used in a way closest to its Ṣūfī sense, to convey the idea of such a transitory state, in Q 8:24: "Know that God comes between (yaḥūlu bayna) a man and his own heart." Al-Hujwīrī (d. 465–9/1073–7) may have had this verse in mind when he defined the hāl as a state that "descends from God into a man's heart" (Kashf, 181).

The introduction of the word into Şūfī nomenclature may also be traced back to the technical vocabulary of classical medicine, in which the hāl denotes the functional, physiological equilibrium of the body. It is in the technical vocabulary of grammar, however, in which we find the closest correspondence to its use in Sūfism. Here the  $h\bar{a}l$  is the state of the verb in relation to the agent, that is to say, its subjective and transitory state—its state of becoming (Massignon, 3:67-8; Gardet, Hal, E12). The temporality of the state is also captured by its semantic relation to tahawwul, literally "transmutation" or "change" (al-Suhrawardī, 455). This is the reason why an anonymous early authority likens them to "flashes of lighting," attributing the illusion of their continuity to the inner chatter of the soul as it reflects on their psychic and spiritual residues (cited in al-Qushayrī, Risāla, 157, sect. on *ḥāl*). For Ibn 'Arabī (d. 638/1240), the impermanence of the  $h\bar{a}l$  is the effect of the divine sha'n (task) upon the human being, alluded to in Q 55:29, "Every day He is upon some sha'n," where the yawm (day) is the indivisible, atomised unit of time upon which God acts, or more precisely, through which He reveals His own attributes (Futūhāt, 2:384–5, chap. on hāl).

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## 1. Types of *hāl*

Amongst the *ahwāl*, the authorities often include such virtuous qualities as hayba (awe), iḥtiyāj (need), qurb (proximity), uns (intimacy), yaqīn (certainty), and tuma'nīna (peace). Some of these come in oppositional pairs, such as khawf (fear) and rajā' (hope) or qabd (contraction) and bast (expansion), while others are overlapping and complementary, such as maḥabba (love) and shawq (longing). They all have in common a description of the human being's state in an encounter with God, one in which he acts more or less as a passive receptacle for what descends from above, "without being able to repel it when it comes or to attract it when it goes" (al-Hujwīrī, 181). It is for this reason that the states are often described as mawāhib (gifts of divine grace), because they arouse the will, through an irresistible force, to surrender itself entirely to God-all of which occurs without apparent effort on the part of the aspirant.

## 2. The relation between $\mu \bar{A}L$ and WAQT

Closely related to hal is waqt, sometimes translated as "time," but more specifically, the "present moment." To the extent that the present stands between the past and the future, the Sufi, we are told in the classical literature, is "the son of the waqt" (ibn al-waqt), because his sole concern is the moment in which he finds himself. The past, after all, is gone and veils him from God through regrets and fond memories, while the future is nonexistent and veils him through self-centred fears and anticipations of what is yet to come. By focusing on the waqt, he comes to experience the divine presence in the eternal now and through it rises above the psychic fragmentation and dispersion

stemming from an anxious or remorseful preoccupation with the before and after of time. The *waqt* is also that upon which the *ḥāl* descends, cloaking it "as the spirit adorns the body." This is the reason that the "waqt needs *ḥāl*, for waqt is beautified by *ḥāl* and subsists thereby" (al-Hujwīrī, 369). From this point of view, the aḥwāl may be described, using the language of kalām (dialectical theology), as accidents (a'rāḍ) that inhere in the substance of the soul, much like the colour of an object (Ibn 'Arabī, 2:384).

# 3. The relation between $\mu \bar{A}L$ and $MAQ\bar{A}M$

The nature and function of the hal cannot be grasped without understanding its relation to what is known as the maqām (station, pl. maqāmāt). The Ṣūfīs often speak of "the states and stations" to describe the levels of the mystical ascent. Unlike the *aḥwāl*, the *maqāmāt* are said to be acquired (makāsib) through an exertion of the seeker. They are also viewed as immutable and fixed, through roots watered by religious practice and struggle. In the classical tradition, we find amongst them such virtues such as tawba (repentance), shukr (gratitude), sabr (patience), tawakkul (trust in God), zuhd (renunciation), sidq (truthfulness), and *ridā* (satisfaction). While there is no agreement about precisely which qualities are to be ranked amongst the stations, nor, for that matter, the particular order in which they are to be obtained, there is no question about the central place of both the aḥwāl and the maqāmāt in Ṣūfism. On the principle that like attracts like, the acquisition of the virtues—many of which find a correspondence in the divine names, such as al-Şabūr (the Patient), al-Shakūr (the Grateful), al-Wadūd (the Loving), or al-Tawwab (the Oft-Returning)—is

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believed to draw the seeker by an irresistible force into the divine court. Some even refer to this journey as a process of "assuming the qualities (akhlāq) of God," an acquiescence to the Prophetic injunction to take on God's akhlāq, typically interpreted to imply an internalisation of the divine attributes (the hadīth on which the idea is based states, takhallaqū bi-akhlāq Allāh, "Take on the character traits of God"). Şūfī masters thus often speak of the self-transformation required by the inner life through the language of tabdīl al-akhlāq (transformation of character), a spiritual metamorphosis that implies replacing vices with virtues, or ugly traits with beautiful ones. As the Prophet said, "God is beautiful and He loves beauty" beauty in a contemplative Islamic context being understood first and foremost as beauty of the soul.

The precise relation between hāl and maqām has been the subject of extensive debate in the classical literature. At least some of these differences appear to be largely terminological. Al-Hujwīrī, for example, ascribes to al-Muḥāsibī (d. 243/857) the belief that the aḥwāl may be permanent, but that is because the hāl can, in his eyes, be classified as such only if it endures (Kashf, 181). In effect, the hāl for him is what others describe as a magām. The semantic argument for such a minority view is sometimes drawn from the relation of hal to hulul (indwelling), because the state is understood to dwell in the subject without leaving (Ibn 'Arabī, 2:384). It is also common to find a given quality or virtue categorised as a station by one author and as a state by another. This is, however, a problem only so long as one fails to recognise the relative nature of the various schematisations of the mystical ascent, because these variations reflect, more than anything else, the attempts of different authors to graft a structure on to what is, in fact, a fluid and organic phenomenon. The diversity of these formulations may often be retraced to an author's own experiences, as well as the unique audience he might have in mind.

Abū Ḥafş 'Umar al-Suhrawardī (d. 632/1234) may have helped resolve at least some of the debate when he observed that a given virtue, such as muḥāsaba (selfaccounting) or murāqaba (introspective observation), may be classified as a hāl if it overpowers the aspirant on some occasions, only to disappear when needed on other occasions, but that, as soon as it becomes fixed in the heart, it acquires the status of a maqām. The key distinction rests not on whether a given virtue or quality is, in essence, a state or station, but in how firmly rooted it is in the human personality. Moreover, since a given quality can easily cross over from the category of a hāl to that of a magām, al-Suhrawardī clarifies that the maqāmāt are only acquired on the surface, because an element of grace may be inwardly present; similarly, the aḥwāl are the result only of grace outwardly, because human effort may lie concealed in the internalization of a quality drawn by no apparent effort of one's own. In other words, a state may appear to descend upon a person out of nowhere, when, in truth, a certain effort in the past might have planted the seeds of its appearance. Conversely, one's very struggle in acquiring a maqām may well have a degree of grace working in the background. The benefit of al-Suhrawardī's more nuanced perspective (455–9) is that it recognises the subtle interplay of divine grace and human volition present in both the states and the stations, in a way that helps classical Şūfī moral psychology retain its

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cohesiveness despite encompassing disparate opinions.

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## Hamidi

**Hamidi** (Ḥāmidī, b. 843/1439–40), known as Hamidi-i Acem (Ḥāmidī-yi 'Acem), Hamidi-i İsfahani (Ḥāmidī-yi İsfahānī), and Molla or Mevlana Hamidi (Mollā or Mevlānā Ḥāmidī), was a poet and calligrapher. He was born in Isfahan and, after completing his education there, he spent some time in Baku at the court of the Shīrvānshāh rulers. During the reign of Sultan Mehmed II (Mehmed, r. 848-50/1444-6 and 855-86/1451-81), Hamidi first went to Anatolia and then to Istanbul. Despite his Turkish origins, he was known as Hamidi-i İrani (Ḥāmidī-yi Īrānī) and Hamidi-i Acemi (Ḥāmidī-yi 'Acemī), and he described himself as Acem ('Acem, Persian) in order to benefit from the esteem and patronage given by Mehmed II to Persian poets, scholars, and Sūfīs (Tansel, 440). Hamidi, who was a good calligrapher as well as a poet, said that he met İsfendiyaroğlu İsmail Bey (İsfendiyāroghlı İsmā'īl Bey, d. 865/1460-1) in Kastamonu in the winter of 865/1461, and Mahmud Paşa (Maḥmūd, d. 879/1474-5), Mehmed II's grand vizier, in the spring of the same year in Bursa. In the heading of the kaside (kaṣīde, eulogy) that he wrote for Mahmud Paşa, Hamidi states that this was the first kaside he wrote in Anatolia and that he had been waiting to meet Mahmud Paşa since 10 Receb (Rajab) 865/21 April 1461. Ünver, who states that Hamidi came to Anatolia when he was twenty-two years old (Ünver, Hâmidî, 461), claims that Ertaylan (11) and Tansel's (440) estimations about Hamidi's age on arrival in Anatolia are incorrect.

Through Mahmud Paşa, Hamidi was able to gain access to the circle around Sultan Mehmed II early on. However, he was later expelled from the sultan's presence as a result of his ill-judged words and behaviour while the sultan was issuing favours and gifts during processions celebrating the Kefe (Caffa) victory in 880–1/1475–7. He was then sent to be *türbedar* (*türbedār*,